

WHERE AM I?



A simple principle to illustrate the guide's explanations on outdoor sports sites.



Learning experience



Topics



5-15 min

Guiding, planning and preparing ahead

Nature connectedness and environmental engagement

Place attachment, responsibility and care



Participants

- know about the specifics of the site
- understand about their responsibility for protecting the place especially as a guide or instructor
- are more connected to the place



Suitable for
outdoor sport instructors
and course participants



Practical sessions



Outdoor F2F

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Materials needed

Printed pictures with characteristics / specifics of the site
(can be laminated to be reusable)



Preparation

Bring maps and printed pictures for illustration.

Activity instruction

The objective is to help participants to locate themselves by a look on different scaled maps: where is the site? My home? What are the names of the characteristic elements of the place: summit, valley, road, river...?

Thereafter, the guide manages a landscape interpretation with printed illustrations of specific flora, fauna, human activities (agriculture, architecture...) etc.

Some old photos will facilitate comparison and illustrate landscape evolutions.

Simple schemes of geology, water cycle and other scientific elements can also be provided.

Reflection and discussion

Depending on the focus you can facilitate a reflection...

- this could also focus on "what are the influences you can identify between historical human activities and landscape" "can you evaluate if actual species are natural or due to the human activity"
- "where is the site vulnerable?" are there any regulations or protected zones? How do we have to behave and manage our group?

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Potential Variations

- To prepare a specific set of printed pictures for each place or site can foster understanding.
- Creating time for contemplation like one minute of silence
- Cooking herbal tea with local plants
- Creating time to immersion before the sport activities like bivouac, soft walking
- Reading tales of exploration or local histories and legends

Take a look at the activity Eco-Briefing additionally



Background knowledge

- Knowledge on reading a map
- specific bibliography about the territory : history of human activities, environmental knowledge, guide-book for sport,...
- landscape reading/interpretation



Key words

#place attachment
#eco briefing
#Guiding and planning
nature connectedness



Source

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Materials

Examples of the Verdon canyon



The book describes the first exploration of Verdon canyon, could be read in a natural place in canyon to feel the emotions of pioneers.



A picture of the canoe used for the first exploration. To imagine the difficulties when watching the hardest path of the canyon.



Drawing to recognize the specific species of local trees

Aerial photo of the spot: to locate where we are. This map can be used for orienteering exercises or treasure hunting about environmental and historic topics (for example looking for specific species of trees or ruins of villages...



Stratigraphic section poster

