



Sketching as a means to capture the wonders in nature and communicating it in a simple way to other participants.



Learning experience



Topic

Nature connectedness and environmental engagement



Max. 30 min

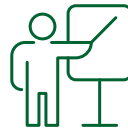


Participants

- Have a higher nature connectedness
- Are able to observe phenomena in nature that create wonder
- Are able to share their observations with others



Suitable for outdoor sport instructors (and course participants)



Practical sessions



Outdoor F2F



Materials needed

Colouring crayons and paper



Sketching as a means to capture the wonders in nature and communicating it in a simple way to other participants.



## Preparation

Bring coloring crayons and paper.

## Activity instruction

The facilitator explains: focus your attention for a while on a phenomenon that caught your attention – e.g. the light over the water, panels, dead wood, the nerves of the leaf etc. Express that in a sketch on a detail in nature or a bigger view.

The next step is to share your sketch and your thoughts with a friend or another participant of the group. The task of this participant is then to try to formulate what he or she heard – the meaning made from what has been told – in one sentence.

## Reflection and discussion

The impressions and sentences are shared within the group.

The point with this exercise is to discover and focus attention to the values of the place. And to communicate and listen and understand the diversity of values, perspectives and meaning read in one place by different participants. The theme you want to communicate might not always be what your "audience" report back. That illustrates the difficulty but also the possibilities of communication.



## Potential Variations

Use a camera or watercolours and brushes.



### Key words

#nature awareness  
#nature connectedness  
#nature interpretation and communication



### Source

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