



GAME OF VALUES



Co-funded by the Erasmus+ Programme of the European Union

Interactive game to reflect on the values of our outdoor sport experience and the importance of nature or social components.



Learning experience



Topic

Awareness, values and responsibility



30 – 45 min
depending on group size



Participants

- know about the values in "their" outdoor sport
- understand other people's values and broaden their perspective



Suitable for
outdoor sport instructors
(and course participants)



Practical sessions
Theoretical lessons



Outdoor F2F
Indoor F2F
(Digital)



Materials needed

Printed cards with values for each group (and dice)

More activities under see-project.eu



Interactive game to reflect on the values of our outdoor sport experience and the importance of nature or social components.



Preparation

Participants are grouped into sub-groups of 3-6 persons and get a set of cards and a die per group. All cards are laid out openly.

The values can contain the following but of course can be adjusted to your sport audience, age range of participants etc.

1. Nature experience / beautiful nature
2. Good company
3. Competing with others
4. New equipment
5. Up to date / new clothes (looking good 😊)
6. Personal safety equipment and medical backup system
7. Car parking
8. Shops nearby
9. Restaurants and Catering
10. Public transport
11. Good signs and easy access
12. Inclusive sport infrastructure (e.g. accessibility to disabled)
13. Services like info points, rental service, guiding etc.
14. Built infrastructure like clubhouse, benches etc.
15. Good sport infrastructure like trails and built sport related elements
16. Challenging natural sport elements/situations like perfect waves, stable wind or slope gradient
17. Instagrammability
18. Cultural experience
19. Animations like built viewpoints etc.
20. Easy beginners and kids opportunities (sport related)
21. Opportunities for non-sport practitioners (e.g. for family and kids)
22. High quality accommodation
23. Exotic destination
24. After-sport (night)life
25. Skills development - possibilities to train and improve

additional options:

- Sports community
- Health oriented sport offer
- Events



Interactive game to reflect on the values of our outdoor sport experience and the importance of nature or social components.

Activity instruction

The educator explains the goal of the game, which is to find out what is really important for our personal outdoor sport experience (it is really important to point out that personal interests and living situations are taken as decision criteria; decisions do not have to take into account what is important for destination development, societal needs, inclusion etc.).

The dice are rolled in turn. After each roll of the dice, the group must decide together which cards they sort out according to the number rolled. The decision should be made based on personal preferences and values of the group. The cards that get sorted out are being pinned to a flipchart or laid aside. The order in which the cards get sorted out must remain visible. The dice are rolled until only three cards are left.

The small groups then present their results to each other and exchange about their values and decision-making.

Reflection and discussion

For a reflection, you can gather all groups and make them show their top three. It is very likely that nature experience plays a central role and is represented in all groups.

The facilitator can now support the discussion and a reflection on values:

- What items did cause a lot of discussion within your group?
- What is most important in our outdoor experience?
- Is this importance represented accordingly in the course structure and our teaching content and methods (with a group of instructors), in our planning of the activity, in the respect and care we have for our natural resources?
- How would participants of other sports/cultures decide?
- How might the values change with age, family situation etc.?
- What might your course participants value most?



Interactive game to reflect on the values of our outdoor sport experience and the importance of nature or social components.



Potential Variations

- the number of cards that get sorted out is fixed: 6 in the first round, 5 in the second etc. until only the three most important ones are left over – you will get a pyramid of values (easiest with 24 cards, if you have more you can do one number twice)
- the group gets the task to build groups of values and to assort and classify the cards according to their value without rolling the dice. This can also be done in a second step.
- you can reflect on how the values change with the duration of your outdoor experience (day trip, short trip, holidays)
- you can also reflect how the values might change within lifespan



Key words

#values and attitudes



Source

-



Presented by

Barbara
Eigenschenk
(TUM)

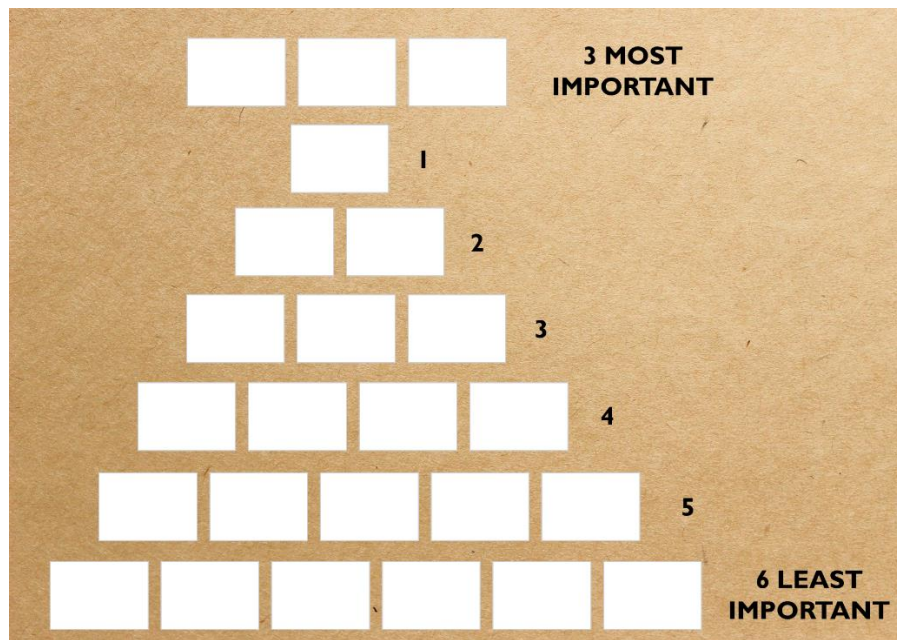
Materials

Cards of values

(provided as printable resources)



Example values pyramid with set of 24 cards (fixed number of cards per round)





Nature experience / beautiful nature



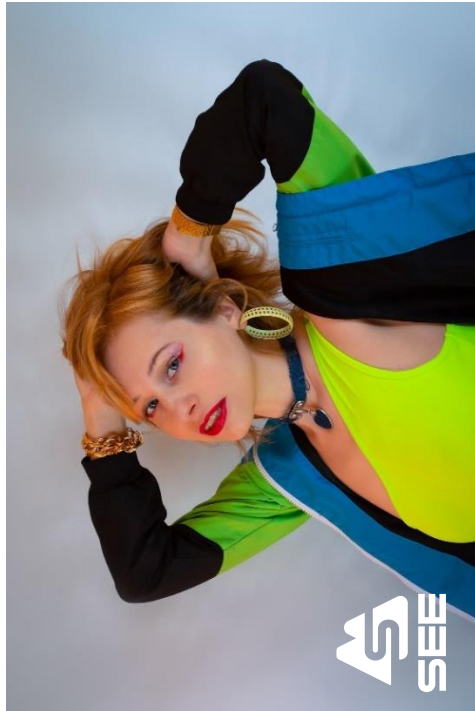
Good company / Family and friends



Competing with others



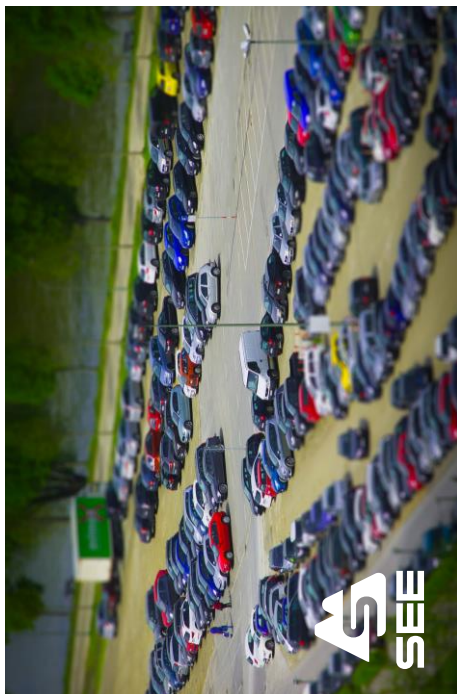
New equipment



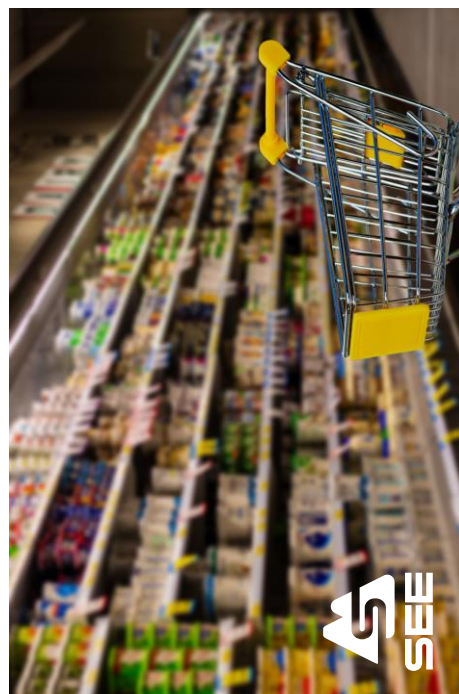
Up to date / new clothes (looking good 😊)



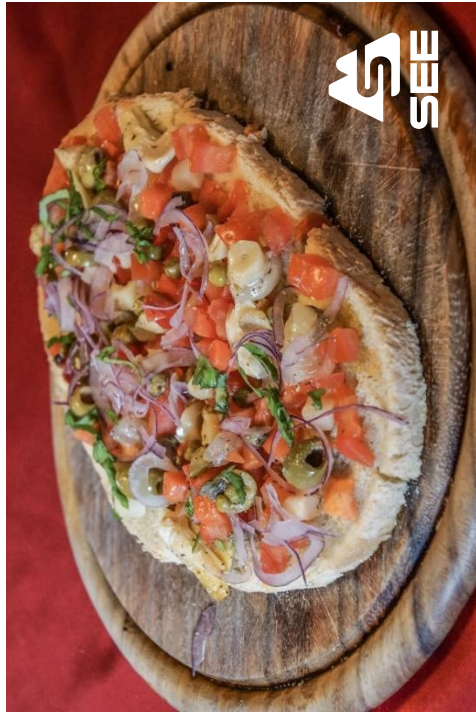
Personal safety equipment and medical backup system



Car parking



Shops nearby



Restaurants and Catering



Public transport



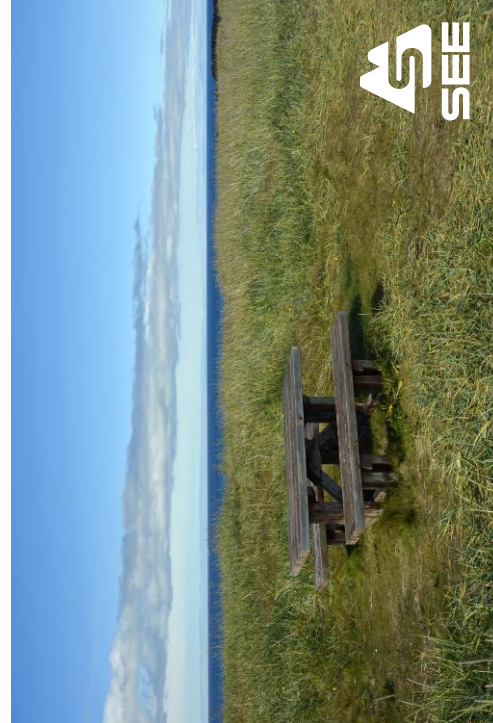
Information, good signs and easy access



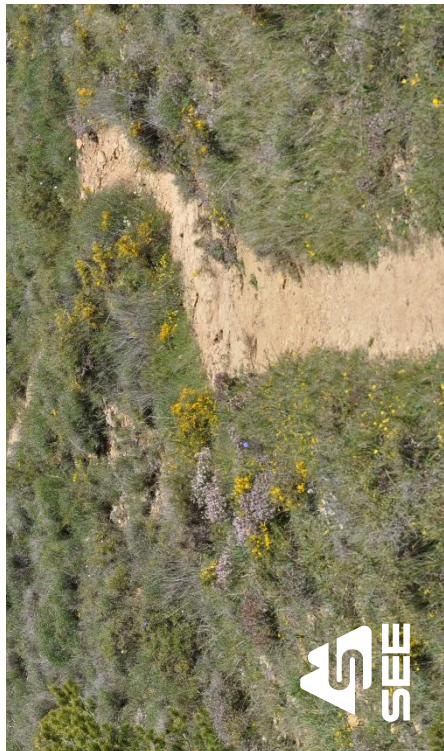
Inclusive sport infrastructure (accessibility to disabled)



Services like info points, rental service, guiding etc.



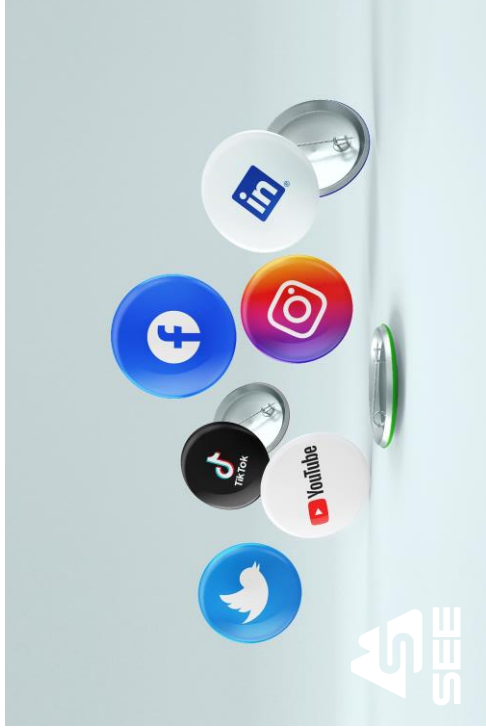
Built infrastructure like clubhouse, benches etc.



Good sport infrastructure like trails and built sport related elements



Challenging natural sport elements/situations like perfect waves, stable wind, quality rock or slope gradient



Instagrammability



Cultural experience



Animations like built viewpoints etc.



Easy beginners and kids opportunities (sport related)



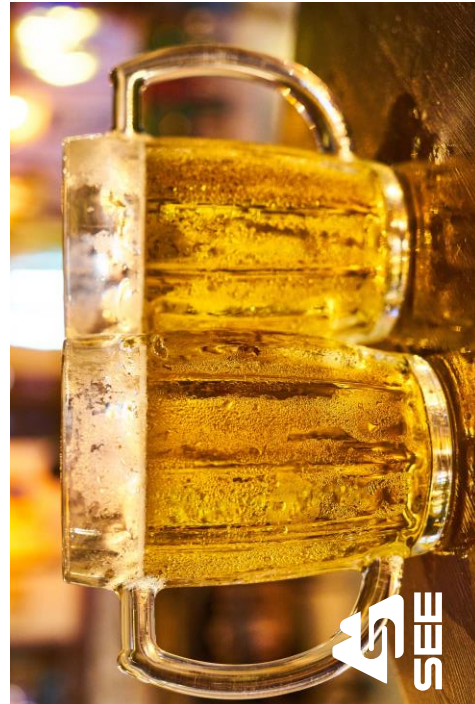
Opportunities for non-sport practitioners
(e.g. for family and kids)



High quality accommodation



Exotic destination



After-sport (night)life



Events

(Picture: alex 4663 on pixabay)



Health oriented sport offer



Skills development - possibilities to train and improve



Add values if necessary