SPEED DATING THE SDGs
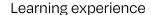
Getting to know the sustainable development goals and thinking about our personal and working environmental impact.

Learning experience

Topics

Impact analysis
Sustainability
Taking action

Approx. 60min

LEARNING OUTCOMES

Participants

- Know the sustainable development goals
- Understand how they apply to different levels (personal, business, society etc.)
- Are able to identify measures to make a positive impact within one (or more) of the goals

Suitable for
outdoor sport instructors

Theoretical lessons

Indoor F2F
(Digital)

Materials needed

SDG cards

More activities under see-project.eu

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Preparation

17 Sheets with the SDGs (Sustainable Development Goals) and a short description of each of the goals are laid out or pinned on to the wall (see M1 example worksheet below).

As an intro, the participants get a short introduction to the sustainable development goals and the Agenda 2030.

Activity instruction

When the speed dating starts, the goals are allocated to the participants (alone or in groups of two persons per goal, depending on group size). Participants get 2 or 3 minutes to read the goal and write down an idea they have to contribute to the goal personally or in their working environment.

When the time is over, a bell rings and participants move on to the next goal.

You can let participants write an idea to every single SDG – this can be challenging but a good exercise to get to know all of them. Or you can select a representative selection that seems especially relevant.

You can also lay out all goals but let people switch randomly between the stations to get a representative insight (e.g. with movement or music).

Reflection and discussion

When all/enough SDGs have been "dated", the participants stay at the last one they dealt with. After reading all proposals on the sheet, everybody presents one idea to the group that inspires him/her or seems especially relevant.

The facilitator should highlight that this activity illustrates a lot of positive actions we can take to become part of the solution. In contradiction to other activities (like calculating our footprint), we get a feeling on the positive handprint we can leave.

More activities under see-project.eu

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Potential variations

- Can be done online with participants putting their suggestions to the SDGs in the chat or by using an online platform like Miro to put ideas on a flipchart.

- To have more movement you can arrange the SDGs in a circle and make the group run around them (see M2 below). When the music stops or when the facilitator gives a sign, everybody jumps to a new goal.

Background knowledge

The 2030 Agenda for Sustainable Development, adopted by all United Nations Member States in 2015, provides a shared blueprint for peace and prosperity for people and the planet, now and into the future.

The 17 Sustainable Development Goals - SDGs – are an urgent call for action by all countries - developed and developing - in a global partnership. They include environmental, social and economic dimensions.

The short titles of the 17 SDGs are: No poverty (SDG 1), Zero hunger (SDG 2), Good health and well-being (SDG 3), Quality education (SDG 4), Gender equality (SDG 5), Clean water and sanitation (SDG 6), Affordable and clean energy (SDG 7), Decent work and economic growth (SDG 8), Industry, innovation and infrastructure (SDG 9), Reduced inequalities (SDG 10), Sustainable cities and communities (SDG 11), Responsible consumption and production (SDG 12), Climate action (SDG 13), Life below water (SDG 14), Life on land (SDG 15), Peace, justice, and strong institutions (SDG 16), Partnerships for the goals (SDG 17).

Literature: More info: https://sdgs.un.org/goals

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Key words

#sustainability
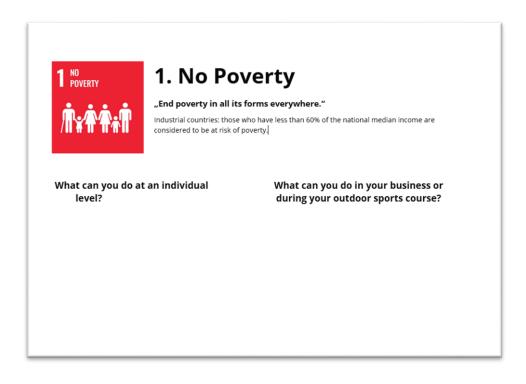#SDG

Source

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SUSTAINABLE DEVELOPMENT GOALS

Materials

Example worksheet

Example Workshop set-up