



Identifying and discussing both good and bad practices.



Learning experience



Guiding, planning and preparing ahead



30 minutes

Dealing with impacts



### Participants

- Know about possible good and bad practices
- Understand the consequences of different practices
- Develop critical thinking on impacts to the environment
- Are able to identify steps they can take to reduce damage caused to the environment



Suitable for  
outdoor sport instructors  
(and course participants)



Practical sessions



Outdoor F2F



### Materials needed

No



Identifying and discussing both good and bad practices.



## Preparation

Introduce and briefly discuss a selected outdoor activity / sport. Do not go into too much detail at this stage. Divide the group into a minimum of two smaller groups. Each group is given the role of either "best practice group" or "worst practice group".

## Activity instruction

The job of the best practice group is to use the surrounding area / tools and activity selected to discover the best location and method of carrying out the selected activity.

The job of the worst practice group is to do the opposite, choose the worst location and method of carrying out the selected activity.

## Reflection and discussion

Each group can then describe their choices and focus on the 'why' certain decisions would be a good idea and others a bad idea for the selected activity.

Try to keep a sense of entertainment in this activity, especially when the worst group chooses their behaviours.

- Ask participants what do they think of the choices of the worst decision
- Ask the participants if they would enjoy their sport much if they made those decisions
- Can they think of anything they can do to make sure the worst situation does not happen



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## Background knowledge

The framing draws inspiration from place-based learning, engaging the participant through sharing and understanding the choices we make when using the outdoors. Forcing the participant to make the wrong choices allows for a greater comprehension on what the correct behaviour should be.



### Key words

#choices  
#impacts of OS  
#guiding planning and preparing ahead



### Source

LNTI



### Presented by

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